

# **Nursing Practitioner Plan**

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## **Personal mission**

The role for me is to serve as nursing practitioner to the children specifically. My population and foci are adults and psychiatric patients.

## **Personal vision**

The personal mission is to provide good assistance to paediatric patients to cure their health problems with a mission to serve and imbibe nursing principles. These nursing principles are caring patients with empathy and treat patients with dignity and humanity, taking responsibility for care to the patients, managing risks and being aware towards the risks factors and keeping safe everyone in the place of healthcare, promoting primacy of interests of patients first, continuously communicating with patients and other health staffs for proper treatment to the patients, having up to date knowledge and skills to serve the patients well, understanding the specific needs of patients, working closely with the team to make sure patients receive care and good treatment and leading by examples (“Principle of nursing practices.” 2018). these nursing principles are strived by me to adopt in my personality and behaviour.

## **Federal filing**

The federal filing such as drug enforcement agency and NPs national provider identified numbers are planned to apply and I am waiting for the drug enforcement agency or DEA number.

## **State nurse practice act**

The nursing practicing act sets out the responsibilities and practice of the RNs. The nursing practice act requires checking the criminal backgrounds of the person, no report of substance

abuse, no reports of those acts and omissions due to disciplinary actions, provides and assigns nursing interventions within the registered nurses scope of practice. To obtain the license the nursing practice act, requires application and fee, graduation degree, passage of professional examination and other information. The California nurse act requires providing nursing certificate that I have, and demands to practice standardised practices in nursing profession (“Business and professional code-BPC, “2018).

## **State requirement for practice**

### **Practice protocol**

The general requirements to practice nursing practitioners are mentioned here. The general protocol requires approval. The supervising physicians must provide a standardised procedure and protocols approval to nursing practitioner that I have obtained. I have signed the statement of agreement and approval.

The next protocol is review and revision and this protocol will be followed by me. I require reviewing and revising of the standard procedures as well as protocol annually. Review as well as revision of the protocols and procedures will take place annually. Standardised procedures should be practiced by the nurse practitioners. The nurse practitioner needs to have valid licence for practicing as a registered nurse, certification by the state, and board, number from the board of registered nursing, and is required to practice within the level of formal education she or he has received. These standards need to be followed by me. I have responsibilities to review the clinical work, review the electronic health records, and EHR audit and annual review of the clinical care offered. I am responsible to prepare a complete health record of each patient. This includes the chief findings, brief history of patients, objective findings, assessment and plan. I am authorised to conduct the standardised procedures under the director observation of supervisor. I can use telephones and pager as

well for information dissemination. I will be responsible to manage primary, secondary as well as tertiary care. I need to take physician consultation in case of situations go beyond the standardised procedures, uncommon patients conditions, unexplained physical examination, in emergency situations. It is also required to document the name of physician in the EHR and request of patient, physician or nurse practitioner should also be heard to seek assistance of physician. In case of emergency I need to provide basic life support to the patient to sustain life, summon or call back up help for resuscitation efforts and 9-1-1 to manage patient health. Arrangement of transportation facility should be provided to the patient in such cases along with documentation such as medical records of patient. For disease management I am approved to diagnose the patients and offer primary care treatment. I am also approved to diagnose the patients and treat secondary care problems. I can also provide tertiary care to the patient. I can be authorised to collect the lab work such as –ray, audiometry, skin tests etc. I am authorised to order the therapies such as physical therapy, dietician referrals, and ADAPT education as well as psychological counselling. I may provide medications to the patients as well. I may also provide controlled substance to the patients in certain conditions. I may also be given a charge to dispense the medications (“Standardized Procedures and Protocols for Nurse Practitioners,” 2014).

## **Collaborative practice contract**

The collaborative practice contract furnished guides that I should be authorised to provide medical care to patients and I can offer services to adult, paediatric and geriatric populations. I can offer psychiatric diagnostic evaluation and can diagnose the anxiety and mood disorder, disruptive behaviour, psychotic disorders, eating disorders, developmental disorders, substance use disorders, delirium and dementia and personality disorders. I can request and interpret diagnostic procedures to find out the medical etiology for illness and can assist in

diagnosis of patients. The collaborative practice agreement allows me to request the evaluation and assessment to confirm the diagnosis findings or to guide the treatment. I can provide drugs to patients that are commonly used to treat patients. I can provide the pharmaceutical drugs as well. I am entitled to provide education to the consumer and can obtain consultation from the psychiatrist. I can plan for the emergency services. The collaborative practice agreement also requires furnishing the proof of RN licence, current registration, current approval of practice, national certification, and current DEA number, copy of collaborative practice agreement and maintenance of contact hours of each year.

## **Professional**

The professional associations that I have planned to join are as mentioned. The American psychiatric nurses association or APNA is planned to join for developing my skills and knowledge in this area. Alzheimer's association is also in the list to join. American psychiatric nurses association, alliance of nurses for healthy environment and alliance for psychosocial learning are also planned to join by me.

## **Practice speciality certification**

The practice of specialty certification is offered by the government.

## **Compendium of local practice opportunities**

The opportunities for me to work in local area are many. The compendium refers to a book containing the collection of the useful hints. It provides a summary of local activities. I can provide services to those people suffering from domestic violence, rapes, homeless people, and other issues they are suffering with. I can provide them counselling and therapy

according to the assessment findings. I can provide good assistance to those people who are critically ill and are elderly. People having hypertension and seeking home care can be served by me. I can also assist them in rehabilitation. I can locally offer services to address the social and infrastructural needs as well. These things are planned to be provided by me to the local people. I can education them about the disease preventions, taking sufficient food and sleep, essential medications, techniques to prevent stress and promote happiness. I can provide the local patients guidelines how to reduce the substance use dependencies, how to instil beliefs and ability in self care. I also can offer counselling and psychological support. Ways of reducing the social as well as family isolation can also be taught to the local people. How to promote the leisure and sports activities to bust the stress can be taught to the local people. I may provide support to local people to obtain and keep the employment if possible. I can provide education regarding the negative impact of domestic as well as gender violence and educate local people to use preventive strategies. I can contribute to enhance the self-esteem of the people and may suggest ways to promote cultural respect and safety of people.

My prime focus should be to eliminate the gender bias and domestic violence that causes many people to suffer from mental illness. Therefore collaboration built up at local level to address gender biases should be promoted by my activities. My focus is towards the transgender people specifically as they are often being victimised by locale people (Delen, 2016). Collaboration with local administration and local people can assist me to treat those patients who suffer from transgender issues. My activities should contribute to create local awareness regarding these issues and therefore, I take care of implementing these activities at the local level.

## **Prerequisites to acquire or step into NP position**

The prerequisites for me to practice the nursing professional position requires to relocate from the current residence therefore, the cost of apartment rent, living cost, transportation cost and purchasing of household items that roughly come at \$ 5000 should be incurred by me. I do not have to speak foreign language as most of the patients speak local English that I am proficient.

## **Community served**

The community that is served by me is a suburban area. The poverty level of this suburban area is high as most of people belong to Asian and afro American community where the poverty level is found high. The education of the families is not high as well. The crime statistics reveals that it is crime prone area. The area is the Detroit city where the black community population is high and the statistics reveal that the poverty rate did not improve too much. There are 34.5 percent people living below the poverty line. This reflects that the people of Detroit do not have sufficient resources to treat their health issues. Criminal activities such as rape against women in Detroit area is frequent that cause's mental illness to women (Shamus, 2017). Domestic violence rate is also very high in the area where I am planning to serve my work. In 2011, the area reported around 400 incidents of cases of domestic violence. They are where I would start my work has more domestic violence than the state of Michigan (Drawing Detroit, 2012).

The findings suggest that I should actively be involved in mitigating the threats of domestic violence and prevent mental illness. Therefore the activities that I have considered before such as creating social awareness and collaboration with the local people should be implemented.

## **Colleagues**



The local NGOs and references leaders should be selected to fulfil these activities. For this purpose, regular consultation with them to mitigate the domestic violence and mental illness must be conducted

## **Technology**

The role of technology is immense in today work; therefore, I should document the health records of the patients in EHR database. I should use the data entry forms and e-mails to communicate with the patients. I may take assistance of transcription services as and when required.

## **Insurance**

In this position, I do not have to require contacting the companies for insurance of patients or malpractice conducted by them. These are the roles of senior authorities to consider insurance and malpractice of insurance.

## **Generic templates**

There are availability of templates to fill out the information of patients such as names, addresses, telephone numbers etc. I require having evaluation and consultation form, tracking of health care maintenance of patients, patient instruction forms, history and physical conditions of the patients, and other templates to discharge my duties well. These templates can assist to document the findings and therefore, these templates should be offered by the healthcare facility.

## **Justification of NP existence**

The activities that are required to be a psychiatric nurse are mentioned here. I need to provide the patients empathy and care, and treat their different mental issues. I can provide them psychological counselling. Disease prevention steps, education and awareness amongst the consumers, and role of family and local circle to address mental illness are to be known by a health care professional. These things are known to me. Managing documents related to patients illness, history of illness, causes, and medication records all these are required from the psychiatric nurse. These factors are well known to me and I am proficient to carry out my duties as a psychiatric nurse in the health facility. These abilities of mine make me a desirable person to be hired for the work.

Those people who are critically ill and are elderly. People having hypertension and seeking home care can be served by me. I can also assist them in rehabilitation. I can locally offer services to address the social and infrastructural needs as well. These things are planned to be provided by me to the local people. I can education them about the disease preventions, taking sufficient food and sleep, essential medications, techniques to prevent stress and promote happiness. I can provide the local patients guidelines how to reduce the substance use dependencies, how to instil beliefs and ability in self care. I also can offer counselling and psychological support. Ways of reducing the social as well as family isolation can also be taught to the local people. How to promote the leisure and sports activities to bust the stress can be taught to the local people. I may provide support to local people to obtain and keep the employment if possible. I can provide education regarding the negative impact of domestic as well as gender violence and educate local people to use preventive strategies. I can contribute to enhance the self-esteem of the people and may suggest ways to promote cultural respect and safety of people.

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